

YMCA WHITE PINES DAY CAMP SUMMER 2019 MENU



Convenient online ordering at www.rusticcafenj.com ■ Details to follow

The Rustic Cafe is proud to offer YMCA campers a freshly prepared meal on camp days of their choice. We will also be offering prepaid Rustic Cards for in-cafe purchases. These will remain in the cafe for add'l security. Questions? Contact Hara, our happy chef and owner - 973.925.7977 or haraodowd@therusticwaynecma.com

LUNCH COMBOS - DELIVERED TO YOUR CAMPER - AVAILABLE DAILY

APPLE JUICE BOX INCLUDED WITH EVERY LUNCH COMBO

- TURKEY SANDWICH** - \$5.75 - w/American on whole wheat bread (mayo/mustard/lett/tom on the side) & apple wedges
- HAM SANDWICH** - \$5.75 - w/American on whole wheat bread (mayo/mustard/lett/tom on the side) & apple wedges
- PIZZA BAGEL** - \$3.50 - one half fresh bagel topped with marinara sauce & shredded mozzarella served w/apple wedges
- PERSONAL SIZED PIZZA** - \$5.75 - with marinara sauce & shredded mozzarella served w/apple wedges
- CHICKEN TENDERS** - \$6.75 - 5 large all white meat breaded tenders served with fries & ketchup on the side
- HOT DOG** - \$6.75 - all beef hot dog on white bun served with french fries & packets of ketchup & mustard on the side
- GRILLED CHEESE** - \$5.75 - American cheese on white Texas Toast with fries
- YOGURT PARFAIT** - \$4.75 - 12 oz parfait featuring granola, low-fat vanilla Greek yogurt, & fresh blueberries
- PLAIN BAGEL with BUTTER** - \$4.50 - bagels baked fresh daily at Sunrise Bagels served w/apple wedges
- PLAIN BAGEL with CREAM CHEESE** - \$4.50 - bagels baked fresh daily at Sunrise Bagels served w/apple wedges
- SUNBUTTER & JELLY SANDWICH** - \$4.50 - served on whole wheat bread with a banana on the side

A LA CARTE SNACKS

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| FRESHLY BAKED CAFE BLUEBERRY MUFFIN - \$2.00 | BANANA - \$1.00 |
| RUFFLES POTATO CHIPS (1oz. bag) - \$1.00 | WHOLE APPLE - \$1.00 |
| MINI CHOCOLATE CHIP COOKIES - \$1.00 | SABRA HUMMUS & PRETZELS - \$3.00 |

A LA CARTE BEVERAGES

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| GATORADE (16oz) - \$2.00 - Cool Blue, Fruit Punch or Lemon-Lime | CHOCOLATE MILK BOX - \$2.00 |
| BOTTLED WATER - (16oz) - \$1.00 | 2% MILK BOX - \$2.00 |
| APPLE JUICE BOX - \$1.00 | |

THE RUSTIC CAFE

AVAILABLE FOR PRIVATE PARTIES!

INTIMATE ATMOSPHERE ■ CUSTOM MENUS ■ SUPERIOR SERVICE

**VOTED
WAYNE'S
"BEST KEPT
SECRET"**